



Congratulations!

You just took an important step to help protect yourself from severe illness, hospitalization, and death from COVID-19. You will also reduce spread to friends, family, and each person you encounter!



Did you know?

Some vaccines are given in series or require boosters

Some vaccines require multiple doses or boosters to maintain protection against vaccine-preventable diseases. An example of a vaccine that requires a booster is tetanus and whooping cough (Td/Tdap). It is important to finish any vaccine series for maximal protection. Research that shows COVID-19 immunity weakens over time and a booster is recommended after 6 months.

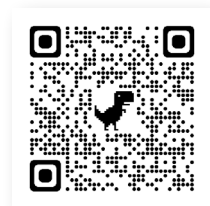
Keeping track of your vaccines and schedules helps you and your family

When getting vaccinated, ask for and carry a personal **Immunization Record Card** that includes all vaccines you have received. Get one for each member of your family. You can track when boosters are due and have other immunization details on hand for schools/colleges, employers, or other organizations that require proof of vaccination.



Good Immunization Habits

COVID-19 booster shots are available, with most people eligible to receive a booster 6 months after their last COVID-19 vaccination. **Scan your smartphone camera over the QR code (at left) for current recommendations or go to <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>



Make sure all immunizations are up to date! Have you gotten your flu shot yet? Other vaccines that help to prevent or lessen the severity of vaccine-preventable illnesses that may worsen chronic conditions or weaken your body's ability to fight infections—including COVID-19 or pneumonia. Scan QR code (at right) for more info.

After you receive any immunization:

Ask-Update-Report

ASK your pharmacist or other provider to:
UPDATE your Immunization Record Card (and to provide you a card if needed)
and to **REPORT** the vaccination to the Immunization Registry

Carry & Share

CARRY your updated Immunization Record Card with you. Take a photo or add to app.
SHARE it with every member of your health care team

Secure

SECURE your immunization record cards; Use an app to track your vaccinations; Take a picture of your card(s) and securely store on your cell



Talk to your pharmacist if you have any questions or concerns related to your immunizations and to schedule any required vaccinations.



APhA

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