



Congratulations!

By being vaccinated, you just took an important step to help protect yourself from severe illness, hospitalization, and death from COVID-19. You will also reduce the spread of the virus to friends, family, and each person you encounter!



Did you know?

Routine vaccines aren't just for kids! Adults need protection from other serious infections too!

Many adults fell behind on their vaccinations during the pandemic. **It is more important than ever to get up to date on CDC-recommended vaccines!** These vaccines help to prevent or lessen serious illnesses, especially if you have certain chronic conditions.

With Aging or Certain Health Conditions

- Shingles (zoster) (after age 50 years)
- Pneumococcal disease (after age 65 years; and younger adults with certain health conditions)
- Hepatitis A and hepatitis B

All Adults (need across your lifetime)

- Flu (each year)
- Tetanus, diphtheria, and pertussis (Td/Tdap) (pertussis is also known as whooping cough)
- Human papilloma virus (HPV)

Some Adults (let's talk about risk factors you may have)

- Meningitis
- Haemophilus influenzae type b (Hib)
- Measles, mumps, and rubella (MMR)
- Chickenpox

Your age, health conditions, lifestyle, and workplace help to identify which vaccines are right for you—and when. Which of these apply to you?

Age

19–26 years; 27–49 years; 50–64 years; 65 years or older



Health Conditions

Diabetes; heart disease; lung disease; pregnancy; immunocompromised (non-HIV); HIV infection; kidney disease; alcoholism; having no spleen; complement deficiencies

Lifestyle and Workplace

Alcoholism; college—residential housing; current or recent injection drug use; health care workers; incarceration; international travel; multiple sexual partners; men who have sex with men; smoking (tobacco)



Talk to your pharmacist if you have any questions about your vaccinations. Schedule any vaccinations you need.



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