Know Which Vaccines You Need to Stay Healthy





Congratulations!

You just took an important step to help protect yourself from severe illness, hospitalization, and death from COVID-19. You will also reduce spread to friends, family, and each person you encounter!



Did you know?

Routine vaccines aren't just for kids! Adults need protection from potentially debilitating infections too!

During COVID-19, it is even more important to remain up to date on CDC-recommended vaccines! Other vaccines help to prevent or lessen illnesses that can worsen certain chronic conditions or otherwise weaken your body's ability to fight infections—including COVID-19, influenza, and pneumonia.

All Adults (during your lifetime)

Flu (each year)

Tetanus, Diphtheria, Whooping Cough (Td/Tdap)
Human Papilloma Virus (HPV) (age-related)
Measles, Mumps, Rubella (MMR)
Meningitis (certain conditions/circumstances)
Chickenpox

With Aging or Certain Health Conditions/Lifestyle

Shingles (Zoster/RZV) (> 50 years)
Pneumoccocal
(> 65 years; younger with certain health conditions)
Hepatitis A or B
Meningitis
Haemophilus influenzae type b

Your health conditions, age, workplace, and lifestyle may influence which vaccines are right for you—and when. Which of these apply to you?

Age

Age 19–26; Age 27–45; Age 50–64; Born prior to 1957; Aged over 65



Health Conditions

Diabetes, Heart disease; Lung disease; Pregnancy; Immunocompromised (non-HIV); HIV infection/CD4 count; End-stage renal (kidney disease); Alcoholism; Spleen removal; Complement deficiencies

Lifestyle and Work

Alcoholism; College—residential housing; Current or recent injection drug use; Healthcare workers; Incarceration; International travel; Multiple sexual partners; Men who have sex with men; Smoking (tobacco cigarettes)



Talk to your pharmacist if you have any questions or concerns related to your immunizations and to schedule any required vaccinations.



